

Table of Contents

Keynote Addresses from the 2007 IASI Symposium in Boston

Body Wisdom: A Prelude to Moving Forward, <i>Judith Aston</i>	4
The Body of Knowledge, <i>Joseph Heller</i>	14
Moving To Self & To Others: Expanding relationships and your practice, <i>Jane Harrington</i>	17
Inner Shape: Its manifestation within various kinds of connective tissue, <i>Peter Schwind</i>	22
The Making of a Science of Rolfing®: from an individual path to a collective activity, <i>Pedro Prado</i>	25
The Three Anatomies, <i>Emilie Conrad</i>	30
Movement Panel Discussion from the 2007 Symposium	35

In Memorium

In Memory of R. Louis Schultz, <i>Marcelo Coutinho and Rosemary Feitis</i>	42
Ten Years Ida's Way, Forty Years Marvin's Way: Chronicle of an adventure in holism, <i>Jean LeVaux</i>	44

The Science of Fascia

Cells and Gels: Implications of Fascial Cellular Studies for Structural Integration, <i>Stephen Evanko</i>	50
The First International Fascia Research Congress, <i>Bethany M. Ward</i>	60
Fascia is Able to Contract in a Smooth Muscle-like Manner and Thereby Influence Musculoskeletal Mechanics, <i>Robert Schleip, W Klingler, and F Lehmann-Horn</i>	65
Physical Thoughts about Structure: The Elasticity of Fascia, <i>Adjo Zorn</i>	68
Passive Muscle Stiffness May be Influenced by Active Contractility of Intramuscular Connective Tissue, <i>R. Schleip, W. Klingler, I.L. Naylor, D. Ursu, W. Melzer, H.J. Wilke, A. Zorn, F. Lehmann-Horn</i>	72
Lessons from an Attempt to Research the Effect of Structural Integration on Client Height, <i>Anita Boser</i>	78

Biology, Culture, and Perception

Towards a Scope of Practice, <i>Barbara Drummond</i>	81
A Motive for Rolfing®, A Motive for Writing, <i>Ray Bishop</i>	83
Body as a Movement System: A Premise for Structural Integration, <i>Kevin Frank</i>	89
A Look at Movement Principles of Aston-Patterning®, <i>Laura Servid</i>	103
Inflammation, Arborization and a Little Heresy, <i>Don Hazen</i>	109
Threads Within the Fabric, <i>Kirstin Schumaker</i>	113
Understanding and Working with Rib Dysfunction, <i>Jim Pascucci</i>	123
Embryology: The seeds of function and form, <i>Carol Agneessens</i>	129
Dancing in the Connective Tissue Matrix: An embryology primer, <i>Kevin McCoy</i>	137
Ed Maupin: Mastery of Structural Integration, <i>Armand E. D'Alo</i>	143
TraumaSomatics®: Access to the Present Moment, Structural and Neurological Integration in the Light of Mindfulness, <i>Herbert Grassmann</i>	151