

An Energetic Foundation for Rolfing®:
*A bridge between Dr. Rolf's recipe
and the wisdom of each individual's body*

Dates: May 10 – 16, 2010 (Thursday May 13th off)

Location: Rolf Institute®, Boulder CO

Fees: \$780.00 (enrollment limited to 20)

Registration: Contact Jim Jones @ the Rolf Institute at 303-449-5903 or jjones@rolf.org

Credit: This course is approved for 56 Type I IASI Credits/6 Rolf Inst. Structural Credits/34 NCBTMB Credits

Course Description:

In this 6-day workshop we will explore an integration of the goals of Dr. Rolf's work, and an energetic approach, which is simple, accessible, and effective. The approach, SourcePoint Therapy developed by Bob Schrei, aligns and relates a person's physical body to the energetic blueprint that Dr. Rolf referred to in her book, "Structural Integration". Utilizing a body scanning technique, we locate blockages, and discontinuities, which result in global patterns of dysfunction and compensation. Also, the scan informs the questions: "Where do we start", "where do we go next" and "When are we done." This information enables a practitioner to reliably optimize the strategy of a session, be it a basic ten series or a non-formulaic advanced series.

Workshop participants will exchange a non-formulaic three series.

Additional questions about the workshop contact:

Bob Schrei: rjschrei@cybermesa.com

Ray McCall: rkmccall@mac.com

Instructor Biography:

Bob Schrei is a Certified Advanced Rolfer™ with 22 years experience, an artist and former Zen teacher. <http://sourcepointtherapy.com> for more information.

Ray McCall is a Certified Advanced Rolfer™ with 30 years experience. He is a member of the Advanced Faculty at the Rolf Institute and teaches Basic and Advanced classes in the States and abroad.

A Rolfer's experience of the workshop:

"SourcePoint has enhanced my Rolfing skills to a whole new level entirely. It is a HUGE piece that was missing for me these past couple of years. I have a much deeper understanding of Rolfing and work with ease now. I SEE so much better as well, possibly because the results are far more obvious and dramatic when working with SourcePoint. I now understand how we SHOULD be moving, not just the IDEA of movement I am trying to evoke. I loved traditional Rolfing but was becoming pretty frustrated with it. I didn't feel I was making as big of an impact; the clients felt better but in comparison people now rave about my Rolfing work. I would say it's doubled my clientele in just the past six months. I am not even sure how I got by those other two years now knowing what I know. I would never work any other way. It's too big a difference and I would feel blind without it.

SourcePoint has allowed me to evolve into the Rolfer I was hoping to be."

– Kelly, Kansas City