

Neural Mobilization for the Shoulder and Pelvic Girdles

Dates: March 10,11,12,13, 2010

Location: East-West College in Portland, Oregon

Instructor: Jonathan Martine, Certified Advanced Rolfer™, IASI

Fees: \$675.00 or \$625.00 if paid in full by February 10, 2010

Registration: j.martine@comcast.net or call 303-702-0681. www.jonmartine.com

Credits: 32 IASI Type I CE Credits

Course Description: This class explores the relationship of neural fascial restriction/inflammation to structural imbalances. When the body has nerve fascia that is restricted and fails to glide, the entire system becomes pre-occupied. Reducing this “pre-occupation” is necessary for reducing pain and restoring optimal function. We will explore through lecture, palpation and hands-on exchange: • Assessments for fascial, nerve, joint, and functional restriction. • How neurogenic inflammation and impaired nerve mobility restrict movement of fascia, joints and core stability. • Learn new approaches to tissue and joint mobilization, and re-patterning movement. • Develop integrative strategies for lasting change, from local restriction to global function • Pre and Post-intervention assessments for orthopedic, movement and subjective findings.

Instructor Biography: Jonathan Martine is a Certified Advanced Rolfer, Rolf Institute® Faculty member, Pilates instructor and IASI member. Jonathan draws from the work of Jean-Pierre Barral, D.O. (neural and visceral manipulation), Australian PT's, David Butler, Michael Shacklock, and Chiropractor/Rolfer™ Don Hazen in a synthesis of nerve related work. In addition, the rehabilitative movement work of Pilates and Core Stability, Rolf Movement®, and Physio-synthesis will be explored.