

## **Dynamic Mobilization Techniques for Hellerworkers**

**Dates:** October 1-3, 2010

**Location:** Naramata, BC, Canada

**Instructor:** Laura Leslie & Leslie Larson

**Fees:** \$300 before August 15, \$350 after (Canadian Dollars)

**Registration:** Canadian Hellerwork Association; Alison Child 250-474-4764 or [thursdaychild@hotmail.com](mailto:thursdaychild@hotmail.com)

**Credits:** This course is approved for 18 Category II IASI Credits

**Course Description:** This comprehensive 3-day course has both theory and hands on learning that can be applied immediately within your clinical practice. Learn and practice mobilization & Hellerwork techniques combined to give you a practical and powerful new approach. Gain insight into mobilizations of the lower extremity from an Osteopath's and Athletic Therapist's perspective. Learn a unique integration of treatment approaches of myofascial chain and structural integrity from foot to psoas.

[CLASS FLYER](#)

**Instructor Biography:** Laura Leslie, B.Sc.,CAT(C), D.O has over 17 years of clinical experience at the Concordia Physio Sport and teaching experience with the Department of Exercise Science, at Concordia University and College D'Etudes Osteopathiques in both Montreal and Toronto. She has lectured to academic disciplines, organizations and businesses regarding sports injuries, posture, and repetitive strain injuries.

Leslie Larson, B.A., B.Sc., CHSIP, Myofascial & Structural Integration Specialist has over 15 years of experience treating myofascial chain, structural & postural integration dysfunction. Leslie has lectured to businesses regarding workplace ergonomics and the role of myofascial and postural function in sports daily life.