

The Neurology of Posture – Level 1

Dates: May 3 – 6, 2010

Location: Boulder, CO

Instructor: Don Hazen, DC

Fees: \$525.00

Registration: Mollie Hazen: 510-559-9345 or info@dhazen.com

Credits: This course is approved for 28 Type I IASI CE credits

Course Description:

The goal of this seminar is to make the immense complexity of the nervous system intelligible and useful to you in your practice. It is a hands-on exploration of ways you can work with both the central and peripheral nervous systems to improve structural function and balance and to reduce pain.

About Level I

Level I focuses on the nerves of the extremities and their effects on individual joints — both mechanically and neurologically. In the practical portion you will learn to palpate neural tissue, to distinguish inflammatory conditions and to assess and improve the “glide” of nerve trunks within their surroundings. While it may take months to become proficient in palpation, you can quickly learn enough to recognize compromised states and have a beneficial effect on them.

Discussion periods will elaborate the context for the techniques we use. Of particular importance is the concept of inflammation - especially neurogenic inflammation, which seems to be an affliction nearly everyone shares and has a profound effect on structure. Conversations about neuro-physiology etc. are designed to give you a background to integrate this work into your practice.

For more information about the courses and registration please visit the website at:
<http://dhazen.com/neuropages/neurology.html>

Instructor Biography: Don Hazen was certified as a Rolfer® in 1978. He received his Doctor of Chiropractic degree in 1994, and continued his interest in neurophysiology in a 300-hour post-doctoral course.

He has studied visceral manipulation with Jean-Pierre Barral and Didier Pratt and Biodynamic Osteopathic work with Tom Shaver, D.O. and Michael Shea, PhD.

Don served on the Rolf Institute® Board of Directors for five years and the Admissions Committee for five. He and his wife, Mollie, have been married for 29 years and reside in the SF Bay Area.

Don’s talents go way beyond his 30 years as a Rolfer, chiropractor, and healer to include photography and other visual arts. With his fine artistic eye and his inspiring range of outdoor experiences his natural life photographs have been compared to the nationally recognized light photographer, Galen Rowell; among others.