

## **A New Paradigm in the Treatment of Upper Extremity Disorders New Intensive 11-Day Course**

**Dates:** February 26 – October 3, 2010 (11-day course in 4 part sessions, see below)

**Location:** Seattle, WA and Twisp WA

**Instructors:** Donna Bajelis, SMS, PT, CHP and Kelly Clancy, ORT/L, CHT, RBT

**Fees:** \$3000.00 for the 11-day course

**Registration:** Online at <http://www.scfsm.com/courses/feb262009.html> or contact Kelly Clancy, at [info@scfsm.com](mailto:info@scfsm.com) or 206-508-1265

**Credits:** This course is approved for 77 Type I IASI CE Credits

**Course Description:** This course will cover in depth the myofascial Anatomy Trains in relation to upper extremity pathology and their relationship to whole body alignment. Extensive training will be given in specific myofascial length testing and treatment strategies related to upper extremity injuries and pain.

**Instructors Bios:** The founder of the Institute of Structural Medicine, Donna F. Bajelis, a nationally respected educator and leader in the field of structural integration, has over 25 years of experience as a Licensed Physical Therapist, certified Hellerwork Trainer, and Structural Medicine Trainer. She specializes in orthopedic/neurological manual therapy, which includes myofascial release, joint mobilization, and neuromuscular re-education.

Kelly Clancy has been practicing in the health care field since her graduation from Colorado State University with a degree in Occupational Therapy in 1987. She has worked in both inpatient and outpatient rehabilitation settings. She went on to sub-specialize in upper extremity treatment with a focus on repetitive strain injuries and received her certification in Hand Therapy in 1994. She owns Balance OT where she provides structural integration manual therapy, Bowenwork, exercise based upper quadrant conditioning, and ergonomic consultations both on a private and industrial capacity. She currently is involved in a three year professional advanced Structural Integration professional training program with Donna Bajelis.

### **Additional Course Date information:**

First four sessions held in Seattle, WA, on a Friday and Saturday

October sessions held Friday through Sunday in Twisp, WA

February 26 – 27, 2010

March 26 – 27, 2010

April 23 – 24, 2010

May 14 – 15, 2010

October 1 – 3, 2010