

The Rolf Institute® Movement Training Certification

Dates: July 19 – 25, off July 22 / August 23 – 29, off August 26 / October 5 – 12, off October 8, 2010

Location: Claymont Retreat Center, Charles Town West Virginia

Instructor: Jane Harrington and Rebecca Carli-Mills

Fees: \$3,200

Registration: Jim Jones, 800-530-8875, jjones@rolf.org; Class info: Audrey McCann, 443-850-2728, aubbicus@yahoo.com

Credits: This course is approved for 168 Type I CE credits.

Course Description: Are you interested in mastering sophisticated, refined techniques that boost the competence and success of your Rolfing sessions? • elicit organic core support • distinguish between functional inhibitions & structural restrictions • consistently evoke the hallmark of integration-responsive contralateral walking • expand potency of the recipe with movement. Are you interested in empowering your clients to fully engage in Rolfing® so they experience the fullest potential of your work? • enrich & educate sensory dialogue • facilitate meaningful embodiment & self knowledge • enhance adaptability through movement qualities • awaken & nurture core volume. Are you interested in reclaiming the joy, awe and creativity that originally inspired you to study Rolfing? • allow gravity to truly be the therapist for continuous transformation • understand why “heads live on top” from a developmental perspective • further refine & expand quality of touch • employ language & imagery as creative tools for action. If your answer to these questions is “Yes” and your curiosity has been ignited, please join us for an 18-day (modular format) exploration of posture, gravity and human movement potential in the tranquil setting at Claymont, a residential retreat center located in Charlestown, West Virginia. This three-module format allows you to integrate the material within your practice, plus deepen your understanding throughout the course. This training is open to all Certified Rolfers™ and members of IASI. The completion of the full 19 days will result in RM certification for Rolfers and a certificate of completion for IASI members. The first three or six days in July may be taken for CE credit in movement. If you are a certified RM practitioner, you may take the class at a reduced rate. Please contact Audrey Chester-McCann for the specifics.

Instructor Biography: Jane Harrington has been a Rolf Movement Practitioner™ since 1980 and became an instructor in 1988. She is also an Advanced Rolfer and teaches basic trainings for the RI. Her MA is in dance and she came to the RI out of her love for movement and teaching. Jane helped design and taught the first Combined Studies that brought the functional aspects of our work into the training. She is also a certified teacher of the Matrixworks group dynamics work, lives in New Mexico and maintains a private practice. Rebecca Carli-Mills has been a Rolf Movement Practitioner and Certified Advanced Rolfer™ in private practice since 1987. She began her love of movement studies through her B.A. & M.F.A. degrees in dance. Rebecca has been a long time student of Hubert Godard, Sensory Awareness and Laban movement studies. She has been a member of the Rolf Institute movement faculty since 1994 and maintains a private practice in Chevy Chase MD.

